

Hand Treatments

Manicure	£21.00
Manicure With Paraffin Wax	£28.00
File And Re-Varnish	£10.50
Little Ladies 14 Yrs And Under	£8.00
French Polish An Additional	£2.00

Foot Treatments

Pedicure	£25.00
Pedicure With Paraffin Wax	£32.00
File And Re-Varnish	£10.50
Little Ladies 14 Yrs And Under	£8.00
French Polish An Additional	£2.00
Diamonds	£4.00

OPI Gels

Long Lasting Manicure That Lasts Up To 3 Weeks	£30.00
French Polish An Additional	£2.00
Soak Off	£10.00

Minx Nails

A new way for women to glamourise their nails

Full Set	£30.00
Minx removal	£5.00

Eye Treatments

Please note a 24 hour patch test must be taken prior to tinting

Eyelash Tint	£12.50
Eyebrow Tint	£6.50
Eyelash And Brow Tint	£17.00
Party Lashes From	£13.00

Men

Facials 45 minutes £37.00

Manicure £17.00
Manicure with Paraffin Wax £24.00

Pedicure £21.00
Pedicure with Paraffin Wax £28.00

Waxing

Back From £15.00
Chest From £15.00
Eyebrows £7.50

Full Body 60 minutes £47.00 / 75 minutes £58.00

Back Massage 30 minutes £30.50 / 45 minutes £41.00

Jenna Letchford at:

The Beauty Room

263 High Road, Loughton, Essex IG10 1AH

Telephone: 020 8532 0001

Monday - Wednesday 9am-6pm

Thursday - Friday 9am-8pm

Saturday 8.30am-5.30pm

Sunday 10am-4pm



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The Beauty Room

Facials

Face Mapping...Your Skins Future 15 minutes FREE

Once in the treatment room, your therapist, rather than analysing the skin in general terms, divides the face into fourteen zones, each with its own set of unique concerns, which will assist in your treatment and home care prescription.

The Face Therapy Treatment

(includes 1 Touch Therapies)	45 minutes	£37.00
(includes 2 Touch Therapies)	60 minutes	£47.00
(includes 4 Touch Therapies)	90 minutes	£68.00

This is truly revolutionary because it is customised at every step of the way:

- Deep Cleansing
- Exfoliation
- Extractions
- Treatment Masque (with Touch Therapy)
- Face Mapping
- Steam
- Touch Therapies

Your therapist will suggest a range of treatments to your skins current needs.

Touch Therapies

Targeting specific stress zones to relieve tension and fatigue, we use a multicultural blend of massage techniques. Choose one or more to add to your face treatment:

- Face, Neck & Shoulder
- Scalp, Neck & Shoulder
- Hand & Arm Therapy
- Stress Relief Back Massage
- Foot & Leg Therapy

AGE Smart™ 75 minutes £63.00

The intelligent investment in your future skin. Are the signs of ageing becoming more prevalent on your skin? Give it a revitalising power boost with this treatment designed to nourish, regenerate and energise skin! Potent vitamin and hydroxyl acid exfoliation resurfaces and retextures skin while energising massage techniques release tension in the facial muscles for the ultimate in skin therapy for prematurely-aging, mature or devitalised skin. Firmer, smoother, revived skin you'll love, is yours with this amazing treatment.

Body

Mineral Salt Scrub Therapy 30 minutes £31.00

Completely customised therapy to either energise or reduce stress, the mineral sea salts and seaweed exfoliates, while skin soothing enzymes help dissolve dead skin cells to give smooth silky skin. Botanical extracts helps stimulate senses.

Body Foliation Therapy 30 minutes £31.00

An oatmeal rice bran powder creates a gentle effective exfoliate that whisks away dead skin cells, brightens skin and helps reduce the appearance of sun spots and hyper pigmentation.

Back Purification 45 minutes £37.00

De-stress your muscles and cleanse the skin of impurities with this purifying and relaxing back treatment. A deeply-cleansing scrub sloughs off dead skin cells, readying skin for removal of toxins finishing with an aromatherapy massage, designed to rid your muscles of tension and your skin of impurities.

Massage

Full Body 60 minutes £47.00 / 75 minutes £58.00

Choose between a deep tissue massage or simply relax and enjoy a soothing experience.

Back Massage 30 minutes £30.50 / 45 minutes £41.00

A complete back, neck and shoulder massage to relieve tension and aching muscles.

Indian Head 30 minutes £30.50 / 45 minutes £41.00

A deeply calming and relaxing treatment that is good for relieving stress, tension, headaches and migraines.

Aromatherapy 60 minutes £55.00 / 75 minutes £66.00

Using essential oils, choose from a de-stressing, stimulating or detoxifying massage, the choice and time is yours.

St Tropez Tanning

Full Body (includes body scrub)	£46.00
Full Body	£31.00
Half Body (includes body scrub)	£31.00
Half Body	£21.00

Waxing

Full Leg	£28.00
¾ Leg	£22.00
Upper Thigh	£19.00
Half Leg	£16.00
Full Leg & Bikini Line	£34.50
Full Leg & Brazilian	£44.00
Full Leg & Hollywood	£49.00
Bikini Line	£10.50
Brazilian	£21.00
Hollywood	£25.00
Full Arm	£17.00
Half Arm	£11.50
Under Arm	£8.50
Eyebrow Shape	£8.50
Upper Lip	£6.50
Chin	£5.50
Stomach from	£6.00

Hot Wax available from an additional £2.00

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ST.TROPEZ
The Ultimate Tan

Minx
NAILS